

# Youth & Adult Classes

## Advanced Mail-In or Internet "RecConnect" Registration

Begins March 19



## Walk-In Registration

Begins March 23 at 8 a.m.



All classes will be held at Live Oak Park beginning the week of April 13 unless otherwise noted. No classes will be held on May 25 (Memorial Day)

All registrations will be taken at the Live Oak Park Community Center, 10144 Bogue Street, Temple City. **A registration form is required for any class.** Online registration available at [www.templecity.us](http://www.templecity.us) RecConnect. Enrollment in each class is limited, early registration is recommended. Incomplete information on application or checks may result in returned without enrollment. On occasion some classes may not be held due to City sponsored special events. Please check with the instructor for individual class dates. Registration Forms available at Live Oak Park Community Center or visit [www.templecity.us](http://www.templecity.us) in the RecConnect section to view classes or register on-line.

## ARTS AND CRAFTS CLASSES

### FRESH FLOWER ARRANGEMENTS

Kasuko Yamaguchi

Floral design techniques using a variety of seasonal flowers. Class will meet April 15, May 6 and 20, June 3.

6465	18+ yrs.	Wed	10 a.m.-12 noon	\$50
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### OIL PAINTING

Lucille DeThomas

Supply list available at registration. Begins April 15 for 8 weeks.

6416	18+ yrs.	Wed	10 a.m.-12 noon	\$105
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### ORIGAMI

Alex Huang

Create beautiful origami animals, flowers, and more. Begins April 17 for 8 weeks.

6467	8+ yrs.	Fri	3:30-4:15 p.m.	\$45
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## DANCE CLASSES



### BALLET AND TAP

Donna and Amanda Lefter

Ballet, tap shoes, tights and leotard required. Parents and siblings allowed inside during 2 and 3 year classes only. Begins April 15 for 8 weeks.

6468	2 yrs.	Wed	12:30-1 p.m.	\$50
6469	3 yrs.	Wed	1-1:30 p.m.	\$50
6470	4-6 yrs.	Wed	2:30-3:15 p.m.	\$60
6471	7-10 yrs.	Wed	3:15-4 p.m.	\$60



### BALLROOM DANCE

Virginia Morrow

Learn the Fox Trot and Tango. Leather or plastic soled shoes required. Begins April 8 for 8 weeks.

6439	Beginning	16+ yrs.	Wed	7-8 p.m.	\$50
6440	Int/Adv	16+ yrs.	Wed	8:15-9:15 p.m.	\$50
6441	Beginning	18+	Wed	10:30-11:30 a.m.	\$50



### HAWAIIAN DANCE-HULA

Mikilani Young-Tamashiro

Please wear comfortable clothing. Begins April 13 for 6 weeks.

6519	Beginning	3-5 yrs.	Mon	5:30-6:00 p.m.	\$50
6520	Beginning	6-12 yrs	Mon	6:00-6:45 p.m.	\$60
6521	Beginning	13+ yrs.	Mon	6:45-7:45 p.m.	\$70
6522	Intermediate	13+ yrs.	Mon	7:45-8:45 p.m.	\$70



### SHOWBIZ KIDZ

Donna and Amanda Lefter

Perform "on stage" through song, dance, short skits and reciting. Sweatpants, t-shirts and tennis shoes required. Begins April 15 for 8 weeks.

6507	7-12 yrs.	Wed	4-4:45 p.m.	\$65
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### LINE/FOLK DANCE

Bill Chang

Partners not required. Please wear comfortable shoes. Begins April 14 or 17 for 10 weeks (No class June 12).

6420	Beginning	18+ yrs.	Tue	7-8:30 p.m.	\$55
6421	Beginning	18+ yrs.	Fri	6:30-8 p.m.	\$55
6422	Intermediate	18+ yrs.	Fri	8-9:30 p.m.	\$55

## EDUCATIONAL CLASSES

### ADVANCED ENGLISH CONVERSATION

Gail Yukawa

For non-native speakers of English, who want to speak more clearly, concisely and correctly. Begins April 16 for 10 weeks.

6462	18+ yrs.	Thu	7:30-9 p.m.	\$90
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### INTRO TO COMPUTERS

AGI Academy

Learn to use Microsoft Word for report writing and homework. Begins April 13 for 8 weeks (No class May 25).

6523	8-15 yrs.	Mon	6:30-7:30 p.m.	\$105
6524	16+ yrs.	Mon	7:30-8:30 p.m.	\$105

### INTERACTIVE CHINESE

AGI Academy

Computerized Chinese program with the use of speech-recognition software. \$20 text book fee (paid to instructor at first class). Begins April 18 for 8 weeks (No class May 23).

6525	6-14 yrs.	Sat	1:30-2:30 p.m.	\$105
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### MR. NATURE'S SCIENCE WORKSHOP

Larry Shaffer

Conduct experiments using basic kitchen supplies (provided by students). Begins April 15 for 6 weeks.

6529	4-12 yrs.	Wed	4:30-5:30 p.m.	\$57
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### POWER MATH

Madeline Wu

Games and songs for grades K-1. Grades 2-3 will sharpen multiplication and division skills with games (Deal or No Deal). Grades 4-6 will use graphing and business games. Begins April 15 for 8 weeks.

6511	Grades K-1	5-6 yrs.	Wed	4-4:30 p.m.	\$85
6512	Grades 2-3	7-8 yrs.	Wed	4:30-5:15p.m.	\$95
6513	Grades 4-6	9-11 yrs.	Wed	5:15-6 p.m.	\$95

### SAT TEST PREPARATION

AGI Academy

Instruction in different topics each week. \$20 supply fee (paid to instructor at first class). Begins April 16 for 8 weeks.

6526	Biology	14-18 yrs.	Thu	5:30-6:30 p.m.	\$125
6527	Chemistry	14-18 yrs.	Thu	3:30-4:30 p.m.	\$125
6528	Math	14-18 yrs.	Thu	4:30-5:30 p.m.	\$125

# Youth & Adult Classes

## SCALES TO TAILS

Discover the characteristics, anatomy, and geography of exotic insects and reptiles. Begins April 17 for 8 weeks.

6506 6+ yrs. Fri 4:30-5:15 p.m. \$65

**Kenneth Lefter**



## TINY TOTS

Children can develop social and classroom skills while making new friends and being involved in play, crafts, music and storytelling. PARENTS: must help 2-3 days during the session. Present birth certificate and immunization records at registration. CHILDREN: must be potty trained and may not enroll in both classes. Register in person beginning March 19. Begins April 13 or 14 for 11 weeks (No class May 25).

6509 3-5 yrs. M/W/F 9:30 a.m. - 12:30 p.m. \$315  
6510 3-5 yrs. Tu/Th 9:30 a.m. - 12:30 p.m. \$225

**Sarah Nichols**

## WRITING FOR 7-8-9 GRADERS

Improve reading, writing and study skills. Begins April 13 for 10 weeks (No class May 25).

6423 Grades 7-9 Mon 3:30-5 p.m. \$215

**Rich Wygand**

## FITNESS CLASSES

### 45+ AEROBICS AND STRENGTH TRAINING

Focus on heart-healthy aerobics. Strengthening routines (seated in a chair) with an emphasis on range of motion, balance, and core stability. Bring 2 free weights. Begins April 13 or 15 for 9 or 10 weeks (No class May 25).

6503 (9 weeks) 45+ yrs. Mon 8:15-9:45 a.m. \$35  
6504 (10 weeks) 45+ yrs. Wed 8:15-9:45 a.m. \$35  
6505 Combined 45+ yrs. M/W 8:15-9:45 a.m. \$65

**Amy Rangsiapat**

### HATHA YOGA (EVENING)

Learn the artful practice using body, senses, and mind. Begins April 13 or 16 for 10 weeks (No class May 25).

6516 16+ yrs. Mon 7-8:45 p.m. \$65  
6517 16+ yrs. Thu 7-8:45 p.m. \$65  
6518 Combined 16+ yrs. M/Th 7-8:45 p.m. \$110

**Michael Appleby**

### YOGA (MORNING)

Hatha based yoga will help to restore flow with a strengthening physical workout and a guided meditation for total mind and body wellness. Bring a personal yoga mat. Begins April 16 for 10 weeks.

6508 16+ yrs. Thu 8:30-10 a.m. \$65

**Louisa Molina**

### PILATES/YOGA WORKOUT

Build core strength by improving muscle tone, flexibility and posture. Bring a workout mat or towel. Begins April 14 for 8 weeks.

6540 18+ yrs. T/Th 12:30-1:30 p.m. \$75

**Katalina**

## MUSIC AND PRODUCTION CLASSES

### INTRO TO IMPROVISATIONAL ACTING

Learn to listen and trust others working together to create improvised scenes. Begins April 14 for 8 weeks.

6541 18+ yrs. Tue 7-9 p.m. \$85

**Richard Feliciano**

### PIANO, PIANO!

No piano experience required. Bring a 3-ring binder with 20 sheet protectors to the first class. Begins April 13 for 8 weeks (No class May 25).

6514 Primary 5+ yrs. Mon 4-4:40 p.m. \$75  
6515 Intermediate 6+ yrs. Mon 4:40-5:20 p.m. \$75

**Madeline Wu**

### VIOLIN

A list to purchase low cost violin and music books provided at first class. Begins April 18 for 10 weeks.

6472 Beg/Int 3+ yrs. Sat 10-11 a.m. \$55

**Vic Che**

## SELF DEFENSE AND MARTIAL ARTS CLASSES



### CHINESE MARTIAL ARTS

Shaolin Kung Fu class is a unique system of Shaolin style of martial arts that increases self-discipline and self-confidence through all ranges of fighting techniques. ADVANCE BY TEST. Begins April 18 for 6 weeks.

6414 Kung Fu Kids 4-6 yrs. Sat 1:30-2:15 p.m. \$65  
6415 Shaolin Chuan 7-18 yrs. Sat 2:15-3 p.m. \$70

**Master Jack Yu**



### JAPANESE SWORD - IAIDO

Traditional Japanese swordsmanship, Iaido is the art of drawing and cutting with the samurai sword. Begins April 17 for 10 weeks.

6494 15+ yrs. Fri 8-9 p.m. \$46

**Robert Wong**



### JU-JITSU AND JAPANESE SWORD

Fundamental arts of Judo, Kemdo, Karate, and weapons for self-defense. Second hour will include Japanese Sword - Iaido. Begins April 17 for 10 weeks.

6495 15+ yrs. Fri 7-9 p.m. \$56

**Robert Wong**



### JU-JITSU AND KARATE

Fundamental arts of Judo, Aikido, Kendo, and Karate with an emphasis on self-defense. Begins April 14 for 10 weeks.

6496 Teen/Adult 13+ yrs. T/Th 8-9 p.m. \$56  
6497 Youth (new to orange belts) 8-12 yrs. T/Th 6-7 p.m. \$56  
6498 Youth (green belts & up) 8-12 yrs. T/Th 7-8 p.m. \$56  
6499 Kata (yellow belts & up) 5+ yrs. Tue 6-7 p.m. \$36

**Robert, Jennifer, and Steven Wong**



### LITTLE KICKERS JU-JITSU

Learn valuable age-appropriate lessons designed to enhance self-esteem and instill self-discipline. Begins April 17 for 10 weeks.

6492 New 5-7 yrs. Fri 5:30-6:15 p.m. \$36  
6493 Yellow belts & up 5-7 yrs. Fri 6:15-7 p.m. \$36

**Steven Wong**



### NIPPON KEMPO KARATE

Kempo is a self-defense/fighting system. Junior class teaches respect, discipline, self-confidence, coordination and basic martial arts at a slower pace. ADVANCE BY TEST. Begins April 13 for 10 weeks (No class May 25).

6412 7+ yrs. M/W 6:30-8 p.m. \$48  
6413 Junior 5-9 yrs. Mon 5:45-6:25 p.m. \$27

**Do Mar**



### SELF DEFENSE AND SAFETY AWARENESS

Safety awareness education with self-defense instruction. Students can pay weekly at \$7 per class, plus an \$11 registration fee (first class only). ADVANCE BY TEST. Begins April 17 for 10 weeks (No class June 12).

6426 New students 5-15 yrs. Fri 5:30-6:10 p.m. \$71  
6427 Yellow Belts 5-15 yrs. Fri 6:15-6:55 p.m. \$71  
6428 Orange belts & up 5-15 yrs. Fri 7-7:40 p.m. \$71

**Young Champions**



### TAI CHI CHUAN/QI KUNG

Benefits may include weight loss, increased energy levels, enhanced flexibility and mobility. Begins April 15 or 17 for 10 weeks.

6424 16+ yrs. Thu 7-8:30 p.m. \$65  
6425 16+ yrs. Sat 10:30 a.m.-12 p.m. \$65

**Mo Chi Sasian Yau**

# Youth & Adult Classes

## SPECIAL INTEREST CLASSES



### COOKING: HEALTHY AND DELICIOUS

Jennifer Wong and  
Patty Batista-Marshall

Incorporate healthy, inexpensive and slimming items into your menu planning. \$25 materials and food cost fee (paid to the instructor at the first class). Begins April 15 for 8 weeks.

6502	15+ yrs.	Wed	7-8:30 p.m.	\$48
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### GIRL SCENE

Donna Lefter

Weekly character building and age appropriate activities including jewelry making, hand sewn keepsakes, hospitality, and music. Begins April 17 for 8 weeks.

6530	9+ yrs.	Fri	3:30-4:15 p.m.	\$65
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### KIDS IN THE KITCHEN

Jennifer Wong and  
Patty Batista-Marshall

Introduction to basic cooking skills. \$25 materials and food cost fee (paid to the instructor at the first class). Begins April 15 for 8 weeks.

6500	4-7 yrs.	Wed	3:30-4:25 p.m.	\$48
6501	8-12 yrs.	Wed	4:30-5:30 p.m.	\$48

### PARENT WORKSHOP

Platinum Academy

Learn how to support teens during high school years and college planning. Workshops offered the second Tuesday each month.

6417	April 14	Parents	Tue	6:30-7:30 p.m.	Free
6418	May 12	Parents	Tue	6:30-7:30 p.m.	Free
6419	June 9	Parents	Tue	6:30-7:30 p.m.	Free

## SPORTS CLASSES



### GYMNASTICS AND TRAMPOLINE

Jennifer Wong  
and Staff

Enroll your child based on age and gender. New students will be evaluated for group placement (depending on ability). Begins April 14, 16, or 18 for 8 weeks.

6475	Girls	4-7 yrs.	Sat	10:30-11:30a.m.	\$66
6476	Girls	7-15 yrs.	Sat	11:30a.m.-12:30 p.m.	\$66
6477	Boys	4-7 yrs.	Sat	10:30-11:30a.m.	\$66
6478	Boys	7-15 yrs.	Sat	11:30a.m.-12:30 p.m.	\$66
6479	Girls	4-7 yrs.	Tue	3:45-4:45p.m.	\$66
6480	Girls	7-15 yrs.	Tue	4:45-5:45p.m.	\$66
6481	Boys	4-7 yrs.	Tue	3:45-4:45p.m.	\$66
6482	Boys	7-15 yrs.	Tue	4:45-5:45p.m.	\$66
6483	Girls	4-7 yrs.	Thu	3:45-4:45p.m.	\$66
6484	Girls	7-15 yrs.	Thu	4:45-5:45p.m.	\$66
6485	Boys	4-7 yrs.	Thu	3:45-4:45p.m.	\$66
6486	Boys	7-15 yrs.	Thu	4:45-5:45p.m.	\$66
6487	Boys Combined	4-7 yrs.	T/Th	3:45-4:45 p.m.	\$106
6488	Boys Combined	7-15 yrs.	T/Th	4:45-5:45 p.m.	\$106
6489	Girls Combined	4-7 yrs.	T/Th	3:45-4:45 p.m.	\$106
6490	Girls Combined	7-15 yrs.	T/Th	4:45-5:45 p.m.	\$106
6491	Teen/Adult	13+ yrs.	Sat	11:30a.m.-12:30 p.m.	\$66



### KINDERGYM

Jennifer Wong and Staff

Introduction of basic tumbling movement with colors, numbers, and imaginative play. One parent per child must attend each class. Begins April 18 for 8 weeks.

6473	Toddlers	9 mo.-2 yrs.	Sat	9-9:45 a.m.	\$66
6474	Tots	2-3 yrs.	Sat	9:45-10:30 a.m.	\$66



### TENNIS

Tim Pawley

Bring a tennis racket and one can of unopened tennis balls to first class. One parent may sign up with their child in the Beg/Int class and participate at the same time at a reduced fee. Begins April 13, 15, 16, or 17 for 8 weeks (No class May 25).

6317	Beg/Int	5-12 yrs.	Mon	6-7 p.m.	\$100
6318	Beg/Int Parent/Child	5+ yrs.	Mon	6-7 p.m.	\$155
6319	Int/Adv	10+ yrs.	Mon	7-8 p.m.	\$100
6329	Beg/Int	5-12 yrs.	Wed	3:30-4:30 p.m.	\$100
6331	Beg/Inte	18+ yrs.	Thur	7-8 p.m.	\$105
6330	Int/Adv	10+ yrs.	Fri	3:30-4:30 p.m.	\$100
6320	Beg/Int	5-12 yrs.	Fri	6-7 p.m.	\$100
6321	Beg/Int Parent/Child	5+ yrs.	Fri	6-7 p.m.	\$155
6322	Int/Adv	10+ yrs.	Fri	7-8 p.m.	\$100



## SHAPE UP TC ACTIVITIES

### 5K Walk/Jogging Club

Join us for five exhilarating weeks of distance walks, a 5K Walk-Jog, health and fitness handouts and tips! Meet at **Temple City Park**, Mondays and Wednesdays beginning March 9 (5 week session) 6:30 p.m. to 7:30 p.m.

**\$5 per person** (includes Shape Up TC t-shirt for new members)

### Quick and Easy Healthy Cooking Class

Do you love to cook . . . Here's your opportunity to prepare healthy meals ready to pop in the oven. New recipes will be introduced in a "prep and take" style. Participants will be required to bring their own supplies each week. Quick and Easy will be held at the **Live Oak Park Community Center**, Wednesdays beginning March 11 (5 week session)

**Fee: \$20**

**Session A**  
11 a.m. - 12:30 p.m.

**Session B**  
3 p.m. - 4:30 p.m.

**REGISTER for the 5K Walk/Jogging Club and the Quick and Easy Cooking Class at the Live Oak Park Community Center.**

For more information please call Shape Up TC Staff at (626) 285-2171 ext. 2329