

Spring 2008

# TEMPLE CITY

CITY NEWSLETTER & COMMUNITY SERVICE GUIDE



AN OFFICIAL PUBLICATION OF THE CITY OF TEMPLE CITY

## Springtime Happenings



## City Phone Directory

CITY HALL, 9701 Las Tunas . . . . .	285-2171
CIVIC CENTER, 5938 Kauffman . . . . .	285-2171
LIVE OAK PARK, 10144 Bogue . . . . .	579-0461
EMERGENCY - Police, Fire . . . . .	9-1-1
Sheriff's Department (nonemergency) . . . . .	285-7171
Fire Department (nonemergency). . . . .	287-9521
Animal Control and Licensing . . . . .	285-7187
Building Permits . . . . .	285-0488
Business Licenses . . . . .	285-2171
Bus Passes and Dial-a-Ride Information . . . . .	285-2171
Camellia Festival Office . . . . .	285-2171
City Clerk . . . . .	285-2171
City Council. . . . .	285-2171
City Manager. . . . .	285-2171
Code Enforcement . . . . .	285-2171
Graffiti Hotline . . . . .	287-5771
Home Improvement Program . . . . .	285-2171
Live Oak Park . . . . .	579-0461
Mayor's Hotline . . . . .	286-2189
Parking Permits and Citations. . . . .	285-2171
Parks and Recreation (General Information) . . . . .	285-2171
Planning . . . . .	285-2171
Recreation Programs . . . . .	579-0461
Senior Citizen's Information . . . . .	579-0461
Shopping Cart Hotline . . . . .	(800) 252-4613
Temple City Chamber of Commerce. . . . .	286-3101
Temple City Library . . . . .	285-2136
Traffic Signals and Street Lights . . . . .	285-2171
Volunteer Program . . . . .	285-2171
Website . . . . .	www.templecity.us

## Breakfast with the Easter Bunny!

The Temple City Superstars Drill Team will once again sponsor "Breakfast with the Easter Bunny"! Join us at Live Oak Park before the Easter Egg Hunt on Saturday, March 22 from 8 - 9:30 a.m. Enjoy a filling breakfast of 3 pancakes, sausage, a muffin and your choice of Starbucks Coffee, apple juice or orange juice. **Cost: \$5 Pre-sale tickets available at the Live Oak Park Community Center.**



## Easter Egg Hunt and Safety Fair Saturday - March 22

The Department of Parks and Recreation will be hosting a morning of fun activities at this year's annual Easter Egg Hunt and Safety Fair. Join us at Live Oak Park from 9:30 - 11 a.m. Be sure to be on time, as the Egg Hunt will begin at 10 a.m. sharp! Remember to bring a basket!

All children are welcome to "make and take" a spring craft, take a picture with "Hoppy" the Bunny and McGruff the crime-fighting dog and of course collect candy and prize eggs at the Egg Hunt! Boys and girls ages 1 - 4 (with the help of their parents) will hunt for candy-filled eggs in their own egg hunt area. Children ages 3 - 9 will hunt for candy filled eggs and Golden Eggs, redeemable for a variety of prizes.

Be sure to check out the Safety Fair demonstrations provided by the Temple City Public Safety Department, the Los Angeles County Fire Department, the Los Angeles Sheriff Department and much more!

**IN THE EVENT OF RAIN,  
THE EVENT WILL BE CANCELLED.**

For more information, please call Frances Manzo-Pimentel at (626) 285-2171 ext. 2327.

## Vietnam Veterans Memorial The Moving Wall Coming To Temple City

**Opening Ceremony  
May 15 - 6:30 p.m.  
First Marine Division Band**

**Closing Candlelight Ceremony  
May 18 - 7 p.m.  
Southern California Mormon Choir**

Special recognition for Temple City servicemen listed on the memorial. Please contact the Department of Parks and Recreation (626) 285-2171 ext. 2328 to volunteer or for additional information.

**Photo Policy** - Please be advised that all participants involved in any department program or special event are subject to being photographed. Such photographs may be used by the City of Temple City without an obligation to provide compensation to those photographed.

# Youth Activities and Sports

## Spring Camp

### ★★ AMERICAN GLADIATORS ★★

All elementary-aged youth are welcome to participate in a Gladiator-themed Spring Camp April 7 - 11. Children will experience an exhilarating week of competitive games, enticing crafts and action-packed activities. Activities include American Gladiator inspired Gauntlet, Hit and Run, Power Ball, and an eliminator-style obstacle course. All activities will be supervised and suitable for children. An excursion to Universal Studios on Friday, April 11 will wrap up this adventurous week.

**Location: Live Oak Park 7 a.m. - 6 p.m.**

**Registration begins March 13**

**Fee: \$75 (includes Universal Studios)**

## Mini Soccer

**April 15 - June 5**

Soccer will be the sport offered for all Mini Sports youngsters, ages 4-7 years old. This program offers an opportunity to learn sportsmanship, fundamental skills and rules, make new friends, and just have fun! The 8-week session will run **Tuesdays** and **Thursdays**.

Ages 4-5 yrs. 3:30 - 4:30 p.m. • Ages 6-7 yrs. 4:30 - 5:30 p.m.

**Register in person at the Live Oak Park Community Center beginning March 17**

**Fee: \$40 (includes Mini Sports t-shirt)**



## Pentathlon Track and Field

The pentathlon is a mini-decathlon, combining 5 track and field events: 50-meter dash, 400-meter run, soft-ball throw for distance, standing long jump, and standing triple jump. The winners will be determined by the combined performances in all events. Instructional clinics will be conducted at each STARS Club site beginning April 16 culminating in an All-City Pentathlon Meet at Live Oak Park on Saturday, May 31. This program is open to boys and girls 3rd - 6th grade. **Register at STARS Club sites and the Live Oak Park Community Center beginning March 17.**

**Fee: \$5 (includes t-shirt)**

## Homework Help Program

The Parks and Recreation Department is offering a free Homework Help Program for children grades 1 - 6. Teen volunteers registered with the City will be on hand to provide general homework assistance. Students are required to bring homework to each weekly session. The Homework Help Program is held each Wednesday afternoon at City Hall. If you have a child that could benefit from this free community program, please call Debbie Ingram (626) 285-2171 ext. 2328 for a program application.



**ARTS AND CRAFTS  
HOMEWORK ASSISTANCE  
GAMES • ACTIVITIES • SPORTS**

**AVAILABLE AT:  
CLEMINSON, CLOVERLY, EMPEROR,  
LA ROSA AND LONGDEN  
FIRST TO SIXTH GRADE  
MONDAY - FRIDAY  
SCHOOL DISMISSAL - 5:30 P.M.**

**REGISTER AT:  
LIVE OAK PARK AND STAR CLUB SITES  
SESSION 4: MARCH 3 - MAY 2  
SESSION 5: MAY 5 - LAST DAY OF SCHOOL  
FEE: \$100 PER SESSION (SCHOLARSHIPS AVAILABLE)**

For further information, please contact the Parks and Recreation Department at (626) 285-2171

# Teen Activities

## Spring Fling!

April 4  
6 - 9 p.m.  
Live Oak Park  
Community Center  
Fee: \$8



Tons of fun is in store for all boys and girls ages 10 - 14 at SPRING FLING! The evening's activities will include air hockey, table pool, human foosball, miniature golf, and a dance contest! Be sure to join in the Night Hunt for candy filled eggs and gift cards to Best Buy, Starbucks and a variety of fast food restaurants. Purchase a "Tropical Island" famous bacon wrapped hot dog, funnel cake or fruit smoothie. Enter the Spring Fling Raffle for a chance to win Universal Studio tickets, a Visa Credit Card, an IPOD Nano and more!

## Teen Zone Spring Break Week

Teens 6th - 9th grade are invited to hang out for a week of American Gladiator style activities, mini field trips and games.

April 7 - 11 • 7 a.m. - 6 p.m.

Fee: \$50

Registration begins March 13

## Wear Your Favorite Luau Outfit!



## Luau Dance

June 13

Live Oak Park  
Community Center  
Fee: \$5 • 7 - 9 p.m.



SPORTS • MUSIC • VIDEO GAMES  
FOOSBALL • FIELD TRIPS

## Live Oak Park Teen Room

Monday - Friday • 2:30 p.m. - 5:30 p.m.

Transportation Available from Oak Avenue and Rio Hondo (First Avenue and Gidley, upon request)

Session II: January 7 - April 25 • Session III: April 27 - Last day of school

**FEE: \$100 PER SESSION**

# YOUTH AND ADULT CLASSES

## Advanced Mail-In or Internet "RecConnect" Registration

Begins at 8 a.m.  
March 20



## Walk-In Registration

Begins at 8 a.m.  
March 24



All classes will be held at Live Oak Park beginning the week of April 14, 2008 unless otherwise noted. No classes will be held on May 26.

All registrations will be taken at the Live Oak Park Community Center, 10144 Bogue Street, Temple City. **A registration form is required for any class.** Online registration available at [www.templecity.us](http://www.templecity.us) RecConnect. Enrollment in each class is limited, early registration is recommended. Incomplete information on application or checks may result in returned without enrollment. On occasion some classes may not be held due to City sponsored special events. Please check with the instructor for individual class dates. Registration Forms available at Live Oak Park Community Center or visit [www.templecity.us](http://www.templecity.us) in the RecConnect section to view classes or register on-line.

## ARTS AND CRAFTS CLASSES

### CHINESE BRUSH PAINTING

Learn Chinese brush painting with ink and watercolor to create flowers, plants, birds, and landscapes. Beginning and advanced painters are welcome. Begins April 18 for 8 weeks.

5715 18+ yrs. Fri 7-9 p.m. \$93

**Linco Chow**

### I DIDN'T KNOW I COULD DRAW

Learn to shade and create all kinds of 3D objects using pencils and chalk. Students need to bring pencils, erasers, white bond paper, black paper, and white chalk. Begins April 18 for 6 weeks.

5737 17+ yrs. Fri 10-11 a.m. \$58

**Lisa Berg**

### FRESH FLOWER ARRANGEMENTS

Class will offer instruction on floral design techniques using various seasonal flowers. See instructor for materials list or materials fee. Class will meet 3 times: April 16, May 7, and June 4.

5716 Advanced 16+ yrs. Wed 10 a.m.-12 noon \$33

**Kazuko Yamaguichi**

### OIL PAINTING

Learn to increase creative and technical abilities on an individual basis. Supply list available at registration. Begins April 16 for 8 weeks.

5734 18+ yrs. Wed 10 a.m.-12 noon \$93

**Lucille DeThomas**

## DANCE CLASSES



### BALLET AND TAP

**KidStar Performing Arts SGV**

Introduction to classical style of ballet and rhythm and basic tap steps. Ballet and tap shoes, tights and leotard required. Parents and siblings allowed inside classroom during 2 and 3 year classes only. Begins April 16 for 8 weeks.

5753 2 yrs. Wed 12:30-1 p.m. \$40  
5754 3 yrs. Wed 1:30-2 p.m. \$40  
5755 4-6 yrs. Wed 2:30-3:15 p.m. \$50  
5756 7-10 yrs. Wed 3:15-4 p.m. \$50



### BALLROOM DANCE

**Virginia Morrow**

This session the Waltz and Cha Cha will be taught. Dancers should wear leather or plastic soled shoes. Begins April 16 for 8 weeks.

5724 Beginning 16+ yrs. Wed 7-8 p.m. \$40  
5725 Int/Adv 16+ yrs. Wed 8:15-9:15 p.m. \$40



### BELLY DANCING

**Hassina "Sammy" Pantazis**

This low-impact exercise is perfect for women of all ages and sizes. Students will learn and refine basic steps. Wear comfortable clothes and bring a bottle of water. Begins April 19 for 8 weeks.

5809 Beginning 16+ yrs. Sat 2:30-3:30 p.m. \$55



### HAPPY KIDS

**Hassina "Sammy" Pantazis**

This dance class combines health and fun while getting into shape. Children can get a great aerobic workout, and burn up to 375 calories. Begins April 19 for 8 weeks.

5810 Beginning 7-12 yrs. Sat 3:45-4:30 p.m. \$45



### HAWAIIAN DANCE-HULA

**Mikilani Young-Tamashiro**

Direct from Honolulu, Hawaii, Mikilani welcomes the opportunity to share Hawaii's beautiful and exotic dance form and culture. Please wear comfortable clothing. Begins April 14 for 6 weeks.

5811 Beginning 3-5 yrs. Mon 5:30-6:00 p.m. \$43  
5812 Beginning 6-12 yrs. Mon 6:00-6:45 p.m. \$53  
5813 Beginning 13+ yrs. Mon 6:45-7:45 p.m. \$63



### HIP-HOP AND JAZZ

**KidStar Performing Arts SGV**

This fun and funky class introduces basic dance moves, warm up exercises and rhythmic awareness. Jazz or street shoes may be worn (no black soled shoes please). Begins April 16 for 8 weeks.

5757 5-8 yrs. Wed 4-4:45 p.m. \$50  
5758 9+ yrs. Wed 5-5:45 p.m. \$50



### LINE/FOLK DANCE

**Bill Chang**

This class will provide instruction in worldwide line and folk dances. Partners are not required. Please wear comfortable shoes. Begins April 18 for 10 weeks (No class June 13).

5781 Beginning 18+ yrs. Fri 6:30-8 p.m. \$53  
5782 Intermediate 18+ yrs. Fri 8-9:30 p.m. \$53

## EDUCATIONAL CLASSES

### ADVANCED ENGLISH CONVERSATION

**Gail Yukawa**

For non-native speakers of English, who want to speak more clearly, concisely, and correctly. Begins April 17 for 10 weeks.

5742 18+ yrs. Thu 7:30-9 p.m. \$87



### COMPUTER

**AGI Academy**

Children may learn to use Microsoft Word for report writing and homework. Teens and adults can learn basic computer usage and more. Begins April 14 for 8 weeks (No class May 26).

5762 Typing/Microsoft Word/PowerPoint 8-15 yrs. Mon 5:30-6:15 p.m. \$83  
5763 Intro to Computers/Microsoft Word 16+ yrs. Mon 6:15-7 p.m. \$83



### LITTLE STARS

### Recreation Leaders

Little STARS is a parent and child program. Little ones can learn to play with others, make their own arts and crafts, sing, dance and spend quality time with their favorite grown up. Begins April 15 or 17 for 10 weeks.

5814	1-2 yrs.	Tue	9:30-10:30 a.m.	\$60
5815	1-2 yrs.	Thu	9:30-10:30 a.m.	\$60
5816	1-2 yrs.	T/Th	9:30-10:30 a.m.	\$100
5817	2-3 yrs.	Tue	10:45-11:45 a.m.	\$60
5818	2-3 yrs.	Thu	10:45-11:45 a.m.	\$60
5819	2-3 yrs.	T/Th	10:45-11:45 a.m.	\$100

### MR. NATURE'S SCIENCE WORKSHOP

### Larry Shaffer

Learn the magic of science and nature while conducting experiments using nothing more than basic kitchen supplies. Bring your own supplies. Begins April 16 for 6 weeks.

5820	4-12 yrs.	Wed	4:30-5:30 p.m.	\$55
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### POWER MATH

### Madeline Wu

Lots of games and songs to sing for grades K-1. Grades 2-3 - sharpen multiplication and division skills with games (Deal or No Deal). Grades 4-6 - become problem solvers and financial planners using graphing and business games. Begins April 16 for 8 weeks.

5792	Grades K-1	5-6 yrs.	Wed	3:45-4:15 p.m.	\$83
5793	Grades 2-3	7-8 yrs.	Wed	4:15-5 p.m.	\$93
5794	Grades 4-6	9-11 yrs.	Wed	5-5:45 p.m.	\$93

### TINY TOTS

### Sarah Nichols

Children can develop social and classroom skills while making new friends and being involved in play, crafts, music and storytelling. PARENTS: must help 2-3 days during the session, present birth certificate and immunization records at registration CHILDREN: must be potty trained and may not enroll in both classes. Register at Live Oak Park beginning March 20. Begins April 7 or 8 for 11 weeks. (No class May 26).

5713	3-5 yrs.	M/W/F	9:30 a.m.-12:30 p.m.	\$295
5714	3-5 yrs.	Tu/Th	9:30 a.m.-12:30 p.m.	\$220

## FITNESS CLASSES

### 50+ AEROBICS AND STRENGTH TRAINING

### Amy Rangsiapat

This simple program focuses on heart-healthy aerobics, everyday strength, balance, and flexibility. Some strengthening routines are done seated in a chair with an emphasize on range of motion, balance, and core stability. Bring 2 free weights (2-3 lbs.). Begins April 14 or 16 for 10 weeks (No class May 26).

5744	50+ yrs.	Mon	8:15-9:45 a.m.	\$33
5745	50+ yrs.	Wed	8:15-9:45 a.m.	\$33
5756	Combined	M/W	8:15-9:45 a.m.	\$63

### CARDIO KICKBOXING

### Amy Rangsiapat

An aerobic self-defense class set to music. Punches, kicks, push-ups and sit-ups will play a part in burning between 400-900 calories per class. Bring a mat and 2 free weights (1 to 3 lbs.). Begins April 15 for 10 weeks.

5747	16+ yrs.	Tue	7-8:30 p.m.	\$48
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### PILATES SCULPT AND BODY BAND WORKOUT

### Amy Rangsiapat

Get ready for this powerful new workout that can reshape and rebuild your body. This class combines Pilates moves with classic abdominal toning. Bring a workout mat. Begins April 19 for 10 weeks.

5749	16+ yrs.	Sat	8:45-10:15 a.m.	\$48
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### YOGA AND PILATES DYNAMIC POWER WORKOUT

### Amy Rangsiapat

Dynamic Power brings the best of yoga and Pilates into one vibrant workout that helps sculpt muscle, enhances flexibility, and improves posture. Bring a personal yoga mat. Begins April 18 for 10 weeks.

5748	18+ yrs.	Fri	8:30-10:15 a.m.	\$48
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### HATHA YOGA (Evening)

### Michael Appleby

Yoga is a wonderful ancient art and "way" that can be an eye opener extraordinaire when a dedicated, sustained practice is maintained. Begins April 14 or 17 for 10 weeks (No class May 26).

5738	18+ yrs.	Mon	7-8:45 p.m.	\$53
5739	18+ yrs.	Thu	7-8:45 p.m.	\$53

### YOGA (Morning)

### Louisa Molina

This Hatha based yoga class will help in restoring flow with a strengthening physical workout and a guided meditation for total mind and body wellness. Bring a personal yoga mat or towel. Begins April 17 for 10 weeks.

5743	16+ yrs.	Thu	8:30-10 a.m.	\$63
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## MUSIC AND PRODUCTION CLASSES

### GUITAR

### Leora Keller

Learn basic chords and accompaniment to simple songs. More advanced chords, strumming, picking patterns, and arpeggios will be taught in the advanced beginning class. Bring your own acoustic guitar. Begins April 16 or 17 for 6 weeks.

5726	Beginning	9+ yrs.	Wed	7-8 p.m.	\$35
5727	Adv. Beginning	9+ yrs.	Wed	8-9 p.m.	\$35
5728	Beginning	9+ yrs.	Thu	7-8 p.m.	\$35
5729	Intermediate	9+ yrs.	Thu	8-9 p.m.	\$35

### PIANO, PIANO!

### Madeline Wu

No piano experience required. Learn to read notes and fundamental music theory. Bring a 3-ring binder with 20 sheet protectors to the first class. Begins April 14 for 8 weeks (No class May 26).

5790	Primary	5+ yrs.	Mon	4-4:30 p.m.	\$69
5791	Intermediate	6+ yrs.	Mon	4:30-5 p.m.	\$69

### VIOLIN

### Vic Che

Students may learn how to read music notes, violin sound tuning, and fundamental music theory. Students will be given list on where to buy low cost violin and music books at first class. Begins April 19 for 10 weeks.

5759	Beg/Int	3+ yrs.	Sat	10-11 a.m.	\$53
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## SELF DEFENSE AND MARTIAL ARTS CLASSES

### CHINESE MARTIAL ARTS

### Master Jack Yu

Shaolin Kung Fu is a unique system of Shaolin style of martial arts that increases self-discipline and self-confidence through all ranges of fighting techniques. ADVANCE BY TEST. Begins April 19 for 6 weeks.

5750	Kung Fu Kids	4-6 yrs.	Sat	1:30-2:15 p.m.	\$63
5751	Shaolin Chuan	7-18 yrs.	Sat	2:15-3 p.m.	\$68

### JAPANESE SWORD - IAIDO

### Robert Wong

Traditional Japanese swordsmanship taught by Master Ju-Jitsu Instructor and Iaido Black Belt, Robert Wong. Iaido is the art of drawing and cutting with the samurai sword. Begins April 18 for 10 weeks (No class June 13).

5783	15+ yrs.	Fri	8-9 p.m.	\$39
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### JU-JITSU AND JAPANESE SWORD

### Robert Wong

Uses the fundamental arts of Judo, Kemdo, Karate, and weapons for self-defense. Designed to enhance self-esteem and physical fitness, and instill self-discipline, coordination, and confidence. Second hour will include Japanese Sword - Iaido. Begins April 18 for 10 weeks (No class June 13).

5784	15+ yrs.	Fri	7-9 p.m.	\$49
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**JU-JITSU AND KARATE Robert, Jennifer, and Steven Wong**

Uses the fundamental arts of Judo, Aikido, Kendo, and Karate with an emphasis on self-defense. Designed to enhance self-esteem and physical fitness, and instill self-discipline, coordination, and confidence. Begins April 15 for 10 weeks.

5785 Teen/Adult	13+ yrs.	Tue/Th	8-9 p.m.	\$49
5786 Youth				
(new to orange belts)	8-12 yrs.	Tue/Th	6-7 p.m.	\$49
5767 Youth (green belts & up)	8-12 yrs.	Tue/Th	7-8 p.m.	\$49

**LITTLE KICKERS JU-JITSU Steven Wong**

Younger children will reap the benefits of Ju-Jitsu while learning valuable age-appropriate lessons designed to enhance self-esteem and instill self-discipline, control, balance and confidence. Begins April 18 for 10 weeks (No class June 13).

5788 New	5-7 yrs.	Fri	5:30-6:15 p.m.	\$29
5789 Yellow belts & up	5-7 yrs	Fri	6:15-7 p.m.	\$29

**NIPPON KEMPO KARATE Do Mar**

Kempo is a self-defense/fighting system based on punching, kicking, blocks, joint locks, wrestling, and ground techniques. Junior class teaches respect, discipline, self-confidence, coordination and basic martial arts at a slower pace. ADVANCE BY TEST. Begins April 14 for 10 weeks (No class May 26).

5735	7+ yrs.	M/W	6:30-8 p.m.	\$45
5736 Junior	5-9 yrs.	Mon	5:45-6:25 p.m.	\$23

**SELF DEFENSE AND SAFETY AWARENESS Young Champions**

This program combines safety awareness education with self-defense instruction in a fun, structured environment. Emphasis is placed on learning physical and verbal skills for self-defense against 'bullies' and 'strangers'. Students may also pay weekly at \$7 per class, plus a \$9 registration fee (first week only). ADVANCE BY TEST. Begins April 18 for 9 weeks (No class June 13).

5796 New students	5-15 yrs.	Fri	5:30-6:10 p.m.	\$63
5795 Yellow Belts	5-15 yrs.	Fri	6:15-6:55 p.m.	\$63
5800 Orange belts & above	5-15 yrs.	Fri	7-7:40 p.m.	\$63

**TAI CHI CHUAN/QI KUNG Mo Chi Sasian Yau**

The benefits of Tai Chi Chuan and Qi Kung may include weight loss, increased energy levels, enhanced flexibility and mobility, and release of stress. Begins April 17 or 19 for 10 weeks.

5807	16+ yrs.	Thu	7-8:30 p.m.	\$63
5808	16+ yrs.	Sat	10:30 a.m.-12 p.m.	\$63

**SPECIAL INTEREST CLASSES****BASIC CLOTHING ALTERATION Hilda Al-Hakim**

This class will teach you how to make basic alterations to your clothes such as shorten, lengthen, and replace buttons, etc. Begins April 14 for 4 weeks.

5723	18+ yrs.	Fri	6-7 p.m.	\$28
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**COOKING: HEALTHY AND DELICIOUS Jennifer Wong and Patty Batista-Marshall**

New Recipes! Learn how to get healthy and delicious meals out of your time and budget. Bring your appetite, too. All materials and food are included in the class fee. Begins April 16 for 8 weeks.

5778	15+ yrs.	Wed	7-8:30 p.m.	\$71
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**COOKING: MEDITERRANEAN CUISINE Hilda Al-Hakim**

Learn how to cook Mediterranean dishes such as humus, tubule, grape leaf, and baklava. All materials and food are included in the class fee. Begins April 19 for 4 weeks.

5719	18+ yrs.	Sat	9-11 a.m.	\$78
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**COOKING: VEGETARIAN FOODS Hilda Al-Hakim**

Learn how to cook vegetarian dishes that are healthy, delicious and simple to make. All materials and food are included in the class fee. Begins April 19 for 4 weeks.

5720	18+ yrs.	Sat	12-2 p.m.	\$63
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**CROCHET AND HANDCRAFTS Hilda Al-Hakim**

Learn how make a shawl, blanket, and other items using needlepoint. All materials are included in the class fee. Begins April 17 or 18 for 4 weeks.

5721	18+ yrs.	Thur	4-5 p.m.	\$48
5722	8-17 yrs.	Fri	4-5 p.m.	\$48

**INTRODUCTION TO THE ARABIC LANGUAGE Hilda Al-Hakim**

This class will teach basic terms that will help you communicate for travel to Middle Eastern countries. Begins April 14 for 4 weeks.

5824	18+ yrs.	Mon	7:30-8:30 p.m.	\$63
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**KIDS IN THE KITCHEN Jennifer Wong and Patty Batista-Marshall**

This play and learn cooking class will introduce children to basic cooking skills. The instructors will use simple and fun recipes that are age appropriate and discuss nutrition and good eating habits. New recipes and ideas every time. All materials and food are included in the class fee. Begins April 16 for 8 weeks.

5779	4-7 yrs.	Wed	3:30-4:25 p.m.	\$71
5780	8-12 yrs.	Wed	4:30-5:30 p.m.	\$71

**SPORTS CLASSES****ADULT TENNIS CLINIC Mark Contreras**

Learn basic grips, groundstrokes, serves, basic hand/eye coordination, footwork, technique, conditioning as well as strategy. Bring a tennis racket and one can of unopened tennis balls to first class. Begins April 16 or 18 for 8 weeks.

5825 Int/Adv	18+ yrs.	Wed	9-10 a.m.	\$153
5826 Int/Adv	18+ yrs.	Fri	9-10 a.m.	\$153

**GYMNASTICS AND TRAMPOLINE Jennifer Wong and Staff**

Learn the basic movements of gymnastics on the balance beam, bars, vault and trampoline. Enroll your child based on age and gender. New students will be evaluated for group placement depending on ability. Begins April 15, 17 or 19 for 8 weeks.

5764 Girls Gym	4-7 yrs.	Sat	10:30-11:30 a.m.	\$59
5765 Girls Gym	7-15 yrs.	Sat	11:30 a.m.-12:30 p.m.	\$59
5766 Boys Gym	4-7 yrs.	Sat	10:30-11:30 a.m.	\$59
5767 Boys Gym	7-15 yrs.	Sat	11:30 a.m.-12:30 p.m.	\$59
5768 Girls Gym	4-7 yrs.	Tue	3:30-4:30 p.m.	\$59
5769 Girls Gym	7-15 yrs.	Tue	4:30-5:30 p.m.	\$59
5770 Boys Gym	4-15 yrs.	Tue	3:30-4:30 p.m.	\$59
5771 Girls Gym	4-7 yrs.	Thu	3:30-4:30 p.m.	\$59
5772 Girls Gym	7-15 yrs.	Thu	4:30-5:30 p.m.	\$59
5773 Boys Gym	4-15 yrs.	Thu	3:30-4:30 p.m.	\$59
5774 Girls Gym Combined	4-7 yrs.	T/Th	3:30-4:30 p.m.	\$99
5775 Girls Gym Combined	7-15 yrs.	T/Th	4:30-5:30 p.m.	\$99
5776 Boys Gym Combined	4-15 yrs.	T/Th	3:30-4:30 p.m.	\$99
5777 Teen/Adult	13+ yrs.	Sat	11:30 a.m.-12:30 p.m.	\$59

**KINDERGYM Jennifer Wong and Staff**

Children are introduced to basic tumbling movement with colors, numbers, and imaginative play. Learn 5 events: tumbling, beam, vault, bars, and trampoline. One parent per child must attend each class. Begins April 19 for 8 weeks.

5574 Toddlers	9 mo-2 yrs.	Sat	9-9:45 a.m.	\$59
5575 Tots	2-3 yrs.	Sat	9:45-10:30 a.m.	\$59

**TENNIS Tim Pawley**

Learn basic grips, groundstrokes, serves, basic hand/eye coordination, footwork, technique, conditioning as well as strategy. Bring a tennis racket and one can of unopened tennis balls to first class. Begins April 14 or 18 for 8 weeks (No class May 26).

5730 Beg/Int	5-12 yrs.	Mon	6-7 p.m.	\$98
5731 Int/Adv	10-17 yrs.	Mon	7-8 p.m.	\$98
5732 Beg/Int	5-12 yrs.	Fri	6-7 p.m.	\$98
5733 Int/Adv	10-17 yrs.	Fri	7-8 p.m.	\$98

# Keeping You Informed

## Deputy Sheriff and Firefighter of the Year Award Recipients



Every year, the City Council recognizes a member of the Los Angeles County Sheriff's Department and the Los Angeles County Fire Department for their outstanding efforts, dedication and service to the residents of Temple City.

The recipient of the Deputy of the Year Award for 2007 is Deputy Lorenzo Orejel. Deputy Orejel has been involved in law enforcement for 20 years. His career began in 1988 as an Explorer for the San Bernardino County Sheriff's Department. In 1991 he was hired by the Claremont Police Department as a Police Cadet. Deputy Orejel left the Claremont Police Department in 1993 to work for the State of California as a Corrections Officer at Folsom and Lancaster State Prisons and the California Rehabilitation Center in Norco. During his employment with the City of Claremont and the State of California, Deputy Orejel also was a Reserve Deputy Sheriff for the San Bernardino County Sheriff's Department. In 1996, Deputy Orejel entered the Los Angeles County Sheriff's Department Academy and upon graduation, was assigned to the Men's Central Jail for 5½ years before transferring to Temple

Station. In October 2005, Deputy Orejel began working in Temple City as the morning traffic enforcement unit. Deputy Orejel is committed to Temple City and his traffic enforcement duties.

The recipient of the Firefighter of the Year Award for 2007 is Firefighter/Paramedic Allen Bursey. Firefighter/Paramedic Bursey began his firefighting career 17 years ago as a Firefighter and Paramedic for the cities of Manhattan Beach and Arcadia. In 2002 he joined the Los Angeles County Fire Department and has served in the cities of South El Monte, Commerce, Rosemead and Rolling Hills Estate. Firefighter/Paramedic Bursey is currently assigned to Temple City (Station/Squad 47) and has served the City for the past three years. He is looking forward to advancing in his career with the Fire Department and is studying for the Firefighter Specialist exam to become an Engineer (driver).

The City Council and City staff give thanks to the commitment of our two local heroes and praise the hard-working men and women of the Temple Sheriff's Station and Temple City Fire Station.



## Consultant Hired to Assist in Amending the Housing Element

The State of California mandates that each city maintain a General Plan, which is the long-range planning document for the City. The Zoning Code implements the General Plan, and must be consistent with the General Plan. Some refer to the General Plan as the "constitution" of the City. The General Plan is comprised of a minimum of seven separate elements, one of which is the Housing Element. It is further mandated that the Housing Element be updated every five years.

Temple City's entire General Plan was updated in 1986-1987. Subsequently, the City's Housing Element was amended in 1992 and again in 2000. However, the State Department of Housing and Community Development did not certify these Housing Elements as acceptable. In 2001, the State indicated that further revisions were still necessary in order to win acceptance from the Department of Housing and Community Development.

To achieve such compliance, Temple City will undergo a revision to the Housing Element (and perhaps an update of

the entire General Plan) in the near future. A consultant has recently been chosen to assist in this effort.

In the past six months, several task committees have been examining different important Planning issues facing the City. The Housing Task Committee, has been busy recommending changes to the Housing Element in order to achieve State compliance. In the coming months, the City will be holding additional town hall meetings regarding the Housing Element. These town hall meetings will be publicized and will be open to the public. Public participation will be key in this process and your opinion counts!

After the town hall meetings commence, a series of public hearings to amend the Housing Element will occur before the Planning Commission and the City Council. These public hearings will also be publicized and are of course open to the public. Agendas are available at City Hall 72 hours prior to any Planning Commission or City Council meeting. For further information, please contact the Community Development Department at (626) 285-2171.

## Keeping You Informed

### Get Involved - Become A Temple City Volunteer

The City of Temple City is currently seeking adults and youth of all ages interested in joining the team of Temple City volunteers. No need to commit to days or time, volunteering is flexible and fun! Volunteers are kept busy assisting staff at City Hall, the Civic Center and the Live Oak Park Community Center with light clerical duties, working special events and much more! For further information, please call Debbie Ingram at (626) 285-2171 ext. 2328.



### Temple City Honors Our Volunteers

A spectacular luncheon is planned to celebrate and recognize the efforts and dedication of Temple City's volunteers as "The Heart Of The Community." The luncheon and awards program will be held on April 26 at the North Woods Inn in San Gabriel.

All volunteers with 10-plus hours of service for 2007, including local service organizations and clubs will be honored. The City of Temple City extends "heartfelt" gratitude and thanks to all volunteers that have served the City and community in 2007!



### Arbor Day Celebration

Please join us for the fifth annual Arbor Day Celebration on Tuesday, March 11, beginning at 10 a.m. Arbor Day is celebrated annually in California during March and nationally on the last Friday in April to encourage tree planting and tree care. To commemorate Arbor Day 2008, the City Council has approved the planting of a new tree at Live Oak Park.

### 2009 Camellia Festival Theme Contest

All students living in Temple City or attending a Temple City school (public or private) are encouraged to submit an entry for the 2009 Camellia Festival Theme Contest. Entry forms can be obtained at all Temple City schools and at City Hall. Entries must be submitted to the Camellia Festival Office, located at City Hall, by 5 p.m. on March 28.

In addition to receiving \$100, the Sweepstakes Winner will be invited to ride in the 65th Camellia Festival Parade on Saturday, February 21, 2009. Prizes will be awarded to first place and runner-up winners in each division.

Please keep in mind the theme should be short and catchy. Floats will be designed according to the theme. For additional information, please call the Camellia Festival Office at (626) 285-2171 ext. 2350.

### Get In Shape For 2008



#### Eat Right - Nutrition Tip

Increasing the intake of fruits, vegetables, whole grains, and non-fat or low-fat milk products is a healthy way to obtain the recommended amounts of vitamins and minerals in your diet. Look for foods rich in fiber. This means for example choosing whole fruits rather than refined grains.

#### Be Active - Exercise Tip

Being physically active not only burns calories, it's fun! Programs offered by the Parks and Recreation Department including sports, dance and exercise classes, STARS Club and Teen Zone are a great way to have fun and burn a few calories.

#### Get Informed

Look for Shape Up TC at upcoming City special events as we continue our efforts to promote healthy nutrition and exercise tips. Shape Up TC staff will also visit STARS Club, Teen Zone and Little STARS throughout the year. Look for the Shape Up TC logo throughout this newsletter! For additional information, call (626) 285-2171 ext. 2329.



# Senior Activities

## **Driver Safety Program**

**P**ersons 55 years and older who complete a defensive driving course may receive a reduction in car insurance premiums. Courses are an overview of safe driving requiring no written or driving tests.

The 8 hour **Full Course** (attendance required both days) and a 4 hour **Refresher Course** (required every 3 years for AAA and Harford insured) will be offered at the Live Oak Park Community Center, 10144 Bogue Street.

**Fee: \$10** (bring your driver's license to class).

### **Full Course**

March 3 - 4 and May 12 - 13 8:30 a.m. - 12:30 p.m.

### **Refresher Course**

March 5 and May 14 8:30 a.m. - 12:30 p.m.

**Space is limited**

**Reservations: Call (626) 579-0461.**

## **Income Tax Preparation Available**

**C**ertified AARP tax volunteers will be available to assist you with your federal and state tax returns. This free tax assistance is for taxpayers with low and middle income, with special attention to those 60 and older. Electronic filing (e-file) is optional. Appointments available at the Live Oak Park Community Center Wednesdays through April 9. Please call (626) 579-0461 to schedule an appointment.

## **Getting Around In Temple City**



**T**emple City offers a curb-to-curb transportation service for senior citizens and persons with disabilities. Whether you are in need of weekly, monthly or on occasion transportation, Temple City Dial-A-Ride is there for you. Call ahead reservations are required. Schedule a trip in town for any purpose or to Arcadia, El Monte, Rosemead or San Gabriel for medical appointments, government and daycare facilities, convalescent homes, churches and the Westfield Shopping Town. A Dial-A-Ride card will be issued after residency and age are verified.

Need additional transportation information? Log on to the City's website at [www.templecity.us](http://www.templecity.us), click on Public Transportation for links to Access Paratransit, Foothill Transit, Metrolink and more. Local bus schedules and Dial-A-Ride membership applications are available at City Hall, 9701 Las Tunas Drive. For additional information, please call (626) 285-2171 ext. 2328.

## **Healthy Thursday Series**

**Live Oak Park Community Center 10 - 11 a.m.**

**S**ponsored by Health Care Partners and the City of Temple City, Healthy Thursdays offers a series of informative seminars for seniors. Door prizes, coffee and cookies will be provided. To be assured a seat, please call (626) 579-0461 for a reservation.

**February 28 - DIABETIC NURSE** - The Diabetes Nurse has the expertise and special knowledge to incorporate skills into practice and develop standards of care that will benefit you.

**March 13 - SPRING ALLERGIES** - When spring blooms and cold-like symptoms don't seem to leave, you may have seasonal allergies. Learn to prevent and treat seasonal symptoms with allergy relief.

**March 20 - PROSTATE CANCER AWARENESS MONTH** - Increase understanding of prostate cancer risk factors, healthy lifestyle importance, and the benefits of detecting the disease in its earliest stages, when it is most treatable.

**March 27 - READING LABELS** - Learn how to read food labels, understand portion sizes, and make healthier food choices.

**April 3 - TAKE A POSITIVE ACTION AGAINST DEPRESSION** - Essential information on practical ways to quickly break patterns of depression.

**April 10 - FACTS ABOUT HYPERTENSION** - Learn what high blood pressure (hypertension) is and ways to prevent or control it.

**April 17 - MEDICATION SAFETY** - A pharmacist will offer one-on-one medication advice. Take-home educational materials will be available highlighting programs that can help seniors pay for medications.

**April 24 - LIVING WELL WITH ASTHMA** - Learn what asthma is, the long-term effects, and more. Question and answer time included.

**May 8 - CARPAL TUNNEL SYNDROME** - Carpal Tunnel Syndrome is a condition affecting one of the major nerves that control the functioning of the hand and fingers. Find out the symptoms, facts and exercises that will help you during your daily functions.

**May 15 - ARTHRITIS** - Informative talk by a Rheumatology specialist on living with arthritis and the latest treatments.

**May 22 - HEALTHY BINGO** - Win prizes playing bingo while learning what you can do to stay healthy and active.

**May 29 - SURRENDERING TO PAIN: CONTROLLING PAIN** - There are more solutions and more options for controlling joint pain. Pick-up your survival kit at the seminar.

**June 5 - YOUNG AT HEART** - Exercise benefits your heart and helps with weight loss, improves overall fitness, and increases your body's ability to work harder - longer. Find an exercise program that's right for you.

**June 12 - MEN'S HEALTH TIPS FOR EVERYDAY LIVING** - Learn practical tips on cholesterol-conscious eating, exercise programs, and tips for conscientious care of your body, both inside and out.

**June 19 - WOMEN WISE** - Tips for everyday health such as, the sun and you, breast cancer facts, feet care and a checklist of medical tests, exams, and vaccinations. Bring a friend - free pedicure gifts.

**June 26 - DERMA SCAN** - If you think protecting yourself from damaging UV rays is not important, come and view yourself through our Derma Scan Machine. Free samples of skin care creams.

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**For further information, please call Mary McCune at (626) 579-0461**

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# ADULT EXCURSIONS

## How Do I Register?

Pre-registration is required and must be made in person at the Live Oak Park Community Center. Reservations accepted on first-come basis with a maximum limit of passengers. *Early Registration Recommended.*



## Where Do Trips Depart From?

Guests will board at the flagpole on the north side of Live Oak Park, 10144 Bogue Street and from the corner of Woodward and Chapel, Alhambra.



## Refunds and Cancellations

Refunds will be given **only if a replacement is found or with at least 8 days of notice given in advance of the trip date.** Trips may be cancelled or changed at the discretion of the Parks and Recreation Department.



Temple City Parks and Recreation has planned excursions for all adults, however senior citizens are particularly encouraged to participate. For itineraries or additional information, please call (626) 579-0461.

### PALM SPRINGS FOLLIES

March 28 9 a.m. - 7 p.m. \$55

Explore downtown Palm Springs. Lunch (on your own) before the 1:30 p.m. Palm Springs Follies matinee (seating on the main floor). Return home approximately 7 p.m.

### BOWERS MUSEUM

April 15 9:30 a.m. - 5:30 p.m. \$25

Enjoy Downtown Disney City Walk for shopping and lunch (on your own) before the one-hour guided tour of the Bower Museum in Santa Ana. Peruse on your own for an additional hour before heading home.

### AMERICAN HERITAGE 2008 TOUR Washington - Philadelphia - New York City

April 17 - 23 \$1,599 pp Double \$1,999 pp Single  
ONE OF OUR MOST POPULAR TOURS! See ALL the sights in Washington, D.C. PLUS Arlington National Cemetery, Philadelphia (Independence Square/Hall, Liberty Bell, Betsy Ross House), and New York City (lodging in Times Square). Airfare included. \$150 booking deposit required at time of sign-up. Final payment due March 10. Call (626) 579-0461 for a detailed flyer.

### YOSEMITE NATIONAL PARK

3 Days - 2 Nights April 25 - 27 \$269.50 pp double  
\$349.50 pp single

FANTASTIC WEEKEND GETAWAY! Highlights include Wawona Hotel, Bridalveil Falls, Yosemite Falls, El Capitan, Half Dome, Yosemite Village, and more. Accommodations are just outside the park at the Shilo Inn (Deluxe Continental Breakfast DAILY). \$75 deposit required. Final payment due April 4. Call (626) 579-0461 for a detailed flyer.



### TASTE OF L.A. COUNTY

April 21 9 a.m. - 4 p.m. \$30

The day includes Glendale's famous Portos Bakery, known for their elegant cakes and pastries, shopping, lunch at McCormick and Schmick's Seafood (included) and Leonidas Belgian Chocolatier Shop where you'll have time for chocolate shopping, a cappuccino, a chocolate dipped strawberry, or whatever your heart desires. Make your lunch selection at the time of registration.

### GARDENS OF THE WORLD

May 5 8:30 a.m. - 5:30 p.m. \$25

The Gardens of the World located in Thousand Oaks features Italian, French, Japanese, and English gardens. Stop for lunch at Roxy's Deli (included). Shop at the Camarillo Outlet Stores before returning home.

### FILLMORE WESTERN RAILWAY MYSTERY DINNER THEATRE

May 17 4 p.m. - 11 p.m. \$99

Enjoy an evening aboard the Fillmore Western Railway for "Murder Mystery" Dinner Theater. Be a part of a fun filled evening where the passengers interact with the actors. Return to the depot at 9:30 p.m. Make your dinner selection at the time of registration.

### LAKE ARROWHEAD

June 2 9:30 a.m. - 6:30 p.m. \$35

Spend the day at Lake Arrowhead. Enjoy lunch at the Lake Arrowhead Resort (included), shop at the "village" and take an afternoon lake cruise (included) before returning home. Make your meal selection at the time of registration.

### NEWPORT HARBOR AND ROGERS GARDENS

June 6 9:45 a.m. - 5 p.m. \$36

Spend the day at the beach! Enjoy lunch at the Harbor Side Restaurant in Balboa (included), a 45-minute harbor cruise and a stop at Corona Del Mar for seasonal floral shopping at the fabulous Rogers Gardens. Make your meal selection at the time of registration.

# Dates to Remember

## March 2008

- 3 - Winter/Spring Session STARS Club
- 3 - AARP Driver Safety Class, Live Oak Park Community Center
- 5 - AARP Driver Safety, Refresher Course  
Live Oak Park Community Center
- 11 - Arbor Day Celebration – Live Oak Park 10 a.m.
- 13 - Spring Activities Registration
- 17 - Mini Soccer and Pentathlon Registration
- 20 - Youth and Adult Class Registration (Mail-in and Internet)
- 22 - Breakfast with the Easter Bunny 8 a.m.
- 22 - Easter Egg Hunt and Safety Fair 9:30 a.m.
- 24 - Youth and Adult Class Registration (Walk-in)
- 25 - Bus Pass Sales, City Hall (**residents only**)
- 28 - Camellia Festival Theme Deadline, 5 p.m.



## April 2008

- 4 - Spring Fling – Live Oak Park
- 7 - Teen Zone – Spring Break Week begins
- 7 - Spring Camp (1st – 5th graders) Live Oak Park
- 16 - Mini Sports – Pentathlon begins, Live Oak Park
- 25 - Bus Pass Sales, City Hall (**residents only**)
- 26 - Volunteer Appreciation Luncheon

## May 2008

- 5 - Spring Session STARS Club
- 12 - AARP Driver Safety Class, Live Oak Park Community Center
- 14 - AARP Driver Safety, Refresher Course  
Live Oak Park Community Center
- 15 - Vietnam Moving Wall – Opening Ceremony, Temple City Park
- 18 - Vietnam Moving Wall – Closing Ceremony, Temple City Park
- 27 - Bus Pass Sales, City Hall (**residents only**)



## June 2008

- 12 - Summer Activities Registration
- 13 - Luau Teen Dance – Live Oak Park
- 25 - RONNY AND THE CLASSICS, Concert in the Park 7 p.m.  
Temple City Park
- 25 - Bus Pass Sales, City Hall (**residents only**)



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