



PETS & ME CHALLENGE

May 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Go on a moonlight stroll
2 Complete a morning walk & snap a picture	3 Play for 30 minutes	4 Have a picnic (outdoors or indoors)	5 Teach your pet a new trick	6 Try a new food together	7 Listen to some music together	8 Go on a hike & snap a picture
9 Complete an afternoon walk	10 Go on a 20-minute jog	11 Take a nap together	12 Dance to your favorite song	13 Take a swim	14 Set-up an agility course	15 Visit a new city together
16 Complete a sunset walk	17 Cuddle for 15 minutes	18 Workout together & snap a picture	19 Play hide and seek (can also play with treats)	20 Set-up an obstacle course	21 Go on a walk with wheels (bike, scooter, etc.)	22 Camp with pet (outdoors or indoors)
23 Complete a sunrise walk	24 Create a matching outfit & snap a picture	25 Play with hose or sprinklers	26 Take a nap together	27 Make some treats & snap a picture	28 Do yoga together	29
30	31					



Complete the challenge by submitting two photos a week of you and your pet taking part in healthy activities for the week. To receive points, you must submit a total of eight photos for the month. You must send the pictures to Senior Recreation Leader Rubi Ramos at ruiz@templecity.us. When sending the pictures, via email, make sure you include/describe the activity that you chose to do with your pet. The deadline to complete the challenge and submit your photos will be on **Friday, May 28th 12p.m.**